

THE TRUSTEES OF SHEET METAL WORKERS ASSOCIATION, LOCAL 437

Policy No. 140887

Union Employees who have elected full benefits



Your Group Insurance Plan

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This document is an integral part of the Insurance certificate. It is a summary of your Group Insurance Policy effective September 1, 2020. Only the Group Insurance Policy may be used to settle legal matters.

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CONTACT US

HEALTH ASSISTANCE

Health Assistance is a confidential telephone service that is available 24 hours a day. This enables the Covered Person to speak with experienced health care professionals and to obtain information immediately.

This telephone service provides the Covered Person with information on the following topics:

- healthimmunization
- nutritionlifestyle
- physical fitnesschild care
- availability of local resources

Health Assistance should be considered as a complement to medical consultations and emergency medical services (911 or other); it is not intended to replace the Covered Person's regular health care provider, nor the emergency medical services of a municipality.

This information service may be of use in improving the quality of life of the Participant and of his Dependents.

The Covered Person may contact HEALTH ASSISTANCE at any time.

Calls from Dial

Anywhere in Canada 1 877 875-2632

TRAVEL ASSISTANCE SERVICE

"Travel Assistance" will take the necessary steps to provide the following services to any Covered Person who requires them:

- 1) 24 hour toll-free telephone assistance,
- referral to Physicians or health-care facilities,
- assistance for Hospital admission,
- 4) cash advances to the Hospital when required by the facility,
- repatriation of the Covered Person to his home city, as soon as his state of health permits it,
- establishing and staying in contact with DFS,
- 7) handling arrangements in the event of death,
- repatriation of the Children of the Covered Person, if the Covered Person cannot be moved,
- delivery of medical assistance and drugs to a Covered Person who is too far from health care facilities to be transported there,
- 10) arrangements to bring a member of the Immediate Family to the bedside of the Covered Person if he must be confined to Hospital for at least 7 days, provided that such visit is ordered by the attending Physician,
- assistance in replacing lost or stolen travel documents so that the Covered Person can continue his trip,
- 12) referral to lawyers if legal problems arise,
- 13) translation services for emergency calls,
- transmission of urgent messages to close friends or family in case of emergency, or
- 15) information prior to departure concerning passports, visas and vaccinations required in the country of destination.

In the event of a **MEDICAL EMERGENCY**, the Covered Person must contact the travel assistance firm immediately.

Calls from	Dial
Montreal area	(514) 875-9170
Canada and United States	1-800-465-6390 (toll-free)
Elsewhere (excluding North and South America)	overseas code + 800 29485399 (toll-free)
Collect call (Anywhere worldwide)	(514) 875-9170

GENERAL INQUIRIES

To obtain any other information, visit the "Contact us" section of DFS's website at www.desjardinslifeinsurance.com.

YOU SHOULD KNOW

WHAT HAPPENS WITH THE DRUGS COVERAGE AT AGE 65?

At 65 years of age, the Participant is covered under the provincial health plan of his province of residence for drugs and other products included in this plan's list.

Where allowed by law, he may opt out of his provincial health plan and remain covered under the Extended Health Care benefit of the group benefit plan. If so, the Participant must notify DFS of his choice, in writing, within 31 days of his 65th birthday:

 continue coverage under the group benefit plan and the required premium will be determined by DFS,

or

 choose his provincial health care plan. He will then no longer be covered for drugs and other products on his provincial health plan's list. This election is irrevocable.

IMPORTANT: Dependents cannot continue their coverage under the Extended Health Care Benefit unless the Participant remains covered.

TRAVELS ABROAD

The Participant must contact DFS if the duration of the trip is expected to be more than 180 days. Failing to do so can lead to the person travelling not being covered.

ACCESS TO THE POLICY

Upon request to DFS, the Participant may obtain a copy of his application, his insurability report and the policy.

HOW TO FILE A COMPLAINT

If a Participant is unhappy about something we've said or done, feels they've been wronged or wants us to take corrective action he can file a complaint with the Dispute Resolution Officer at DFS. The role of the Officer is to evaluate the merit of the decisions and practices of the company when one of its customers believes he has not received the service to which he was entitled.

There are 3 ways to reach the Dispute Resolution Officer

In writing, at the following address:

Dispute Resolution Officer
Desjardins Financial Security
200, rue des Commandeurs
Lévis (Québec) G6V 6R2

By e-mail at: disputeofficer@dfs.ca

By phone at: 1 877 838-8185

For further information on the procedure to follow in case of complaint, or to obtain the complaint form, visit the "Contact us" section of DFS's website at www.desjardinslifeinsurance.com.

DEFINITIONS

Wherever these terms are used in the policy, they are interpreted in agreement with the following. They apply to the entire policy unless otherwise specified.

Accident

A sudden and unexpected external event causing bodily injuries directly and independently of all other causes. An Accident does not include any form of disease, degenerative process, hernia (inguinal, femoral, umbilical or incisional) and any infection except when caused by a visible, external cut or wound accidentally sustained. A Physician must verify the bodily injuries.

Actively at Work

The performance by the Employee of all the usual and customary duties of his occupation for the scheduled number of hours. An Employee is considered Actively at Work during a paid leave or a statutory holiday.

Child

A person residing in Canada who, at the time of the event that results in a claim, has no spouse and is dependent upon the Participant or the Participant's Spouse for financial support and maintenance. A Child must be the Participant or the Spouse's natural or adopted child, and:

- 1) be under 21 years of age,
- be under 25 years of age and a full-time student at an accredited educational institution, or
- have reached the age of majority and be incapacitated due to a mental or physical disability on the date he was eligible as either 1) or 2) above.

The Child is considered incapacitated if he is incapable of engaging in any substantially gainful activity and is dependent upon the Participant or the Participant's Spouse for financial support and maintenance due to a mental or physical disability. In addition, he must be living with the Participant or the Spouse who exercises parental authority or have legal guardianship as if the Child were a minor.

Continuing Medical Care

The treatment a Participant receives. It must be:

- accepted by the medical profession as an effective, appropriate and essential treatment in the diagnosis or care of the specific Illness or injury,
- 2) reasonable, considered as standard practice, and
- provided or prescribed by a Physician or, when DFS deems necessary, by a specialist in the appropriate field.

This is not limited to examinations and tests and must be provided at the frequency required for the specific Illness or injury.

Covered Person

The Participant or their Dependent.

Day surgery

Outpatient surgery that allows an individual to return home on the same day as the surgical procedure is performed by a Physician. The procedure must require local or general anaesthesia. This does not include minor surgery performed in the office of a Physician.

Deductible

The amount of eligible expenses that a Covered Person must pay before reimbursement is made.

Dentist

A person licensed to practice dentistry by the appropriate authority in the jurisdiction where the services are provided.

Dependent

A Spouse or Child who resides in Canada. However, if a Dependent resides outside Canada he will be deemed to reside in Canada provided he is covered under a provincial medical plan and prior written approval is obtained from DFS.

Earnings

The regular rate of pay paid by the Employer, including dividends overtime pay in the last calendar year. Bonuses, overtime pay and any other non-regular remuneration are excluded.

Elements (forces of nature)

Natural disasters such as an earthquake, storm, flood, landslide or any other disaster of a similar nature.

Employee

A person residing in Canada and employed by the Employer on a full-time or part-time basis and permanent basis. If an Employee resides outside Canada, he will be deemed an Employee if prior written approval is obtained from DFS.

In addition, unionized employees must be members of the Sheet Metal Workers International Association, Local 437.

Employer

Any organization designated by the Policyholder and approved by DFS.

Equivalent Drug

A brand or generic drug, deemed interchangeable under the provincial law applicable where the drug is sold.

Evidence of Insurability

Any statement of an individual's physical health or to other factual information that could have a bearing on the acceptance of the risk. Only Evidence of Insurability forms approved for use by DFS are acceptable.

Family Related Leave

Any leave of absence from work taken by a Participant in line with any provincial or federal legislation, or an agreement between the Participant and the Employer.

Hemiplegia

The total and irrecoverable paralysis of upper and lower limbs on the same side of the body.

Hospital

Any institution designated as a Hospital by law, recognized by DFS and providing 24 hours per day:

- 1) medical and surgical treatment for sick or injured individuals, and
- nursing care.

Without limitation, this term does not include a nursing home, home for the aged or chronically ill, a rest home, Convalescent/rehabilitation Centre or a place for the care and treatment of alcoholism, drug addiction or any other dependency.

Hospitalization

- for the Short Term Disability Benefit, to be admitted to a Hospital as an Inpatient for more than 24 consecutive hours or any Hospital stay for Day Surgery.
- 2) for the Extended Health Care Benefit:
 - a) to be admitted to a Hospital as an Inpatient, or
 - b) any Hospital stay for Day Surgery.

Illness

Any health deterioration or bodily disorder verified by a Physician. Organ donations and related complications are also considered illnesses.

Immediate Family Member

Spouse, son, daughter, father, mother, brother, sister, step-father, step-mother, step-son, step-daughter, son-in-law, daughter-in-law, father-in-law, mother-in-law, brother-in-law, sister-in-law, of the Participant.

Immediate Relative

The Covered Person's spouse, son, daughter, father, mother, brother or sister.

Inpatient

A person admitted to and assigned a bed in a Hospital Inpatient area.

Insurer

Desjardins Financial Security Life Assurance Company, hereafter, DFS, with its head office at 200 rue des Commandeurs, Lévis (Quebec) G6V 6R2.

Loss

- 1) For an arm, the complete severance through or above the elbow.
- For a finger, the complete severance of 2 entire phalanges of one finger.
- For a foot, the complete severance through or above the ankle joint but below the knee joint.
- For a hand, the complete severance through or above the wrist but below the elbow joint.
- 5) For hearing, the complete and irrecoverable loss of hearing in one ear diagnosed by a duly qualified otolaryngologist and corresponding to an auditory threshold of greater than 90 decibels.
- 6) For a leg, the complete severance through or above the knee joint.
- 7) For sight, the total and irrecoverable loss of sight of one eye diagnosed by a duly qualified ophthalmologist, corresponding to a corrected visual acuity of 20/200 or less, or to a field of vision of less than 20 degrees.
- 8) For speech, the total, permanent and irreversible loss of the ability to speak due to injury or disease for a continuous period of 6 months. The diagnosis must be made by a licensed Physician.
- 9) For a thumb, the complete severance of one entire phalanx of the thumb.
- 10) For a toe, the complete severance of one entire phalanx of the big toe and all phalanges of the other toes.

Loss of Use

The total and irrecoverable loss of use of a limb that continues uninterrupted for at least 12 months.

Maternity Leave

Any leave of absence from work due to pregnancy as in agreement with any labour standards type legislation in effect in the Participant's province of residence.

The period of Maternity Leave includes 2 phases:

- the "health related portion" that begins on the date of delivery and continues for 6 weeks (8 weeks for a Caesarean delivery). During this phase, the Participant is deemed Totally Disabled, and
- the voluntary leave phase that follows the "health related portion". It ends
 when the Participant ceases to receive maternity benefits under any
 provincial or federal legislation.

Maximum Benefit Period

The maximum period of time for which disability benefits are payable.

Medical Emergency

Any acute and unexpected Illness or injury requiring immediate medical treatment.

Net Earnings

The gross weekly or monthly Earnings in effect immediately prior to the initial date of Total Disability, less the following deductions for:

- income tax,
- contributions to the Canada/Quebec Pension Plan,
- contributions to the Employment Insurance, and
- 4) any other contribution to a public income replacement plan.

Orthosis

A rigid orthopaedic appliance or apparatus used to maintain a part of the body in the correct position.

Paraplegia

The total and irrecoverable paralysis of both lower limbs.

Parental Leave

Any leave of absence from work taken by a Participant to take care of his newborn or adopted child, as in agreement with any provincial or federal labour standards type legislation, or other period agreed to by the Participant and the Employer.

Participant

An Employee covered under the policy.

Physician

A qualified medical practitioner who is legally licensed to practice medicine by the jurisdiction in which he operates.

Policyholder

The company or organization specified on the cover page of the policy.

Quadriplegia

The total and irrecoverable paralysis of both upper and lower limbs.

Reasonable and Customary Charges

The charges generally paid for a like service or supply and limited to the lowest of:

- 1) the usual charge in the area where the services or supplies are provided, or
- 2) the suggested fee of the applicable governing body,

on the date the expenses were incurred. For expenses incurred outside Canada, Reasonable and Customary Charges are those applicable in the province where the Participant resides.

Spouse

A person residing in Canada who, at the time of the event that results in a claim:

- 1) is legally married to or living in a civil union with the Participant,
- is living with the Participant in a conjugal relationship for at least 12 months and has not been separated from the Participant for 90 days or more for a breakdown in the relationship, or
- 3) is living in a conjugal relationship with the Participant who is the natural parent of the Spouse's Child and has not been separated from the Participant for 90 days or more for a breakdown in the relationship.

If 2 individuals fit the definition of Spouse, DFS will recognize only one Spouse as eligible. Recognition is in the following order:

- the Spouse whom the Participant last designated as such to DFS in writing, subject to approval of any Evidence of Insurability required under the policy, or
- the Spouse to whom the Participant is legally married or with whom the Participant is living in a civil union.

Stable

The health condition of a Covered Person who within 30 days prior to the Trip departure date is not affected by any medical condition or is affected by a medical condition that:

- does not require a change or no change is recommended in the treatment or dosage of prescribed drugs, and
- does not demonstrate any symptoms that indicate a deterioration of the medical condition during the duration of the trip.

Total Disability or Totally Disabled

- For the Short Term Disability Benefit, a state of incapacity, resulting from an Illness or Accident, that entirely prevents the Participant from performing the essential duties of his regular occupation,
- 2) for all other benefits:
 - during the Long Term Disability Benefit Elimination Period and the next 24 months, a state of incapacity resulting from an Illness or Accident that entirely prevents the Participant from performing the essential duties of his regular occupation,
 - b) after the Long Term Disability Benefit Elimination Period and the next 24 months, a state of incapacity, resulting from an Illness or Accident, that entirely prevents the Participant from working in any occupation that he is suited for by education, Training and Experience.

Training and experience means all of the knowledge and skills the Participant acquired while in school, in the performance of his current or former professional activities or during his non-working hours.

A Participant is not considered disabled simply because an occupation that he is suited for by education, Training and Experience is not available in the area where he resides.

A Participant who needs a government issued driver's license to perform the duties of his occupation is not considered disabled simply because his license has been revoked or not renewed.

Travelling Companion

A person age 18 or older who is not a Dependent Child and who is sharing travel arrangements with the Covered Person.

Trip

Any fixed period of time that:

- 1) arrangements have been made with any Travel Service Supplier, or
- reservations have been made by the Covered Person for ground travel usually included in a travel package.

Vehicle

A car, a motor home or a van with a maximum load of 1,000 kilograms.

GENERAL PROVISIONS

APPLICABLE LAWS AND JURISDICTION

Any provision under the policy that is not compliant with applicable laws is presumed void. Even if a provision prohibited by law is included in the policy, all other provisions of the policy will still remain in force.

The policy, its interpretation, execution, application, validity and effects are subject to the applicable Canadian or provincial laws that govern, partially or totally, all of its provisions.

Any dispute resulting from its conclusion, interpretation or execution will be exclusively submitted to the competent court in the Canadian province agreed upon between the parties.

INCONTESTABILITY

If the coverage of a person is in force for a period of 2 years while that person is alive, DFS cannot contest the validity of this coverage based on any written statement given unless it refers to age or is fraudulent. However, if a disability occurs during the first 2 years of coverage, the foregoing does not apply and DFS can cancel or limit all related claims owed.

MISSTATEMENT OF AGE

If the age of any individual has been misstated, any benefits payable are based upon the actual age of the individual at the time of the event that results in a claim. Premium adjustments are made for the full time such coverage is in force.

CURRENCY

All payments under the policy, whether to or by DFS, are made in the lawful currency of Canada.

NUMBER AND GENDER

Where the context clearly requires, words in the singular include the plural and words referring to any one gender include any other gender.

ELIGIBILITY

EMPLOYEE ELIGIBILITY

An Employee is eligible for coverage on the date he meets the following requirements:

Number of hours worked	Waiting Period
 Full-time Employees: 30 hours per week 	3 months of continuous service for the
 Part-time Employees: 20 hours per week 	Employer

DEPENDENT ELIGIBILITY

If an Employee already has a Dependent on the date he is eligible for coverage under the policy, that Dependent is also eligible for coverage on that date.

If an Employee does not have Dependents on the date he is eligible for coverage under the policy, Dependents are eligible for coverage on the date the Employee first acquires a Dependent.

APPLICATION

The policy contains a Beneficiary provision that removes or restricts the right of the Participant to designate persons to whom or for whose amounts are to be payable for some benefits.

COVERAGE APPLICATION

Application for coverage is mandatory for any employee who meets the eligibility requirements.

1) Application within the time limit

An Employee must complete the application form required by DFS within 31 days of the date he is eligible.

2) Late application

a) All Benefits other than Dental Care Benefit

If application is not completed within the time limit specified above, the Employee may be required to submit Evidence of Insurability.

b) Dental Care Benefit

If the Employee applies for coverage for himself or his Dependents more than 31 days after the date he is eligible, DFS may limit the amount reimbursed for Eligible Expenses according to the EXCLUSIONS, RESTRICTIONS AND LIMITATIONS provision of the Dental Care Benefit.

Evidence of Insurability

Evidence of Insurability satisfactory to DFS is required for any amount exceeding the Maximum without Evidence of Insurability for these Benefits, if application for coverage is completed within the time limit:

- 1) Long Term Disability Benefit
- Basic Life Benefit

EXEMPTION PRIVILEGE

An Employee may decline to be covered under the Extended Health Care Benefit or Dental Care Benefit if that Employee is covered as a Dependent under the policy or another similar group insurance plan. However, if that other plan terminates or the Spouse is no longer a member of an eligible class, the Employee is eligible to apply for coverage. To become covered:

- 1) the Employee must previously have opted out of coverage,
- the Spouse's coverage cannot have been terminated by personal choice, and
- the Employee's written application must be made within 31 days of the date the Spouse loses coverage, otherwise, the Late Application provision applies.

COVERAGE TYPES

The coverage types available under the policy are:

Coverage Types	Covered Persons
Single	Participant only
Family	Participant, Spouse and Children

The Coverage Type does not have to be the same for all benefits.

The Coverage Type can be changed due to a life event provided a request is submitted to DFS within 31 days of the event.

A life event is defined as:

- 1) marriage, new common-law spouse, separation or divorce,
- birth or adoption of a Child.
- loss or gain of the Spouse's coverage, for a reason other than personal choice,
- death of a Dependent,
- 5) termination of a Dependent's eligibility because of their age, or
- 6) a Dependent Child returns to school.

BENEFICIARY

DFS will recognize the beneficiary(ies) designated by the Participant under the Employer's group insurance plan immediately prior to the Effective Date of the policy, unless DFS requires beneficiary(ies) to be designated again.

Subject to applicable laws, the Participant may designate or revoke, at any time, one or several beneficiaries of his coverage on written notice to DFS's Head Office. Only the benefits that include a benefit payment in the event of the Participant's death are subject to the designation of beneficiary(ies), and the same designation applies to all these benefits. The rights of a beneficiary who dies before the Participant revert to the latter. In the absence of a designated beneficiary, the amounts payable are paid according to applicable laws.

The amounts payable when a Dependent dies are paid to the Participant, if alive. If the Participant has died, the amounts are paid according to applicable laws.

DFS assumes no responsibility for the validity of any beneficiary designation or revocation.

COMMENCEMENT OF COVERAGE

COMMENCEMENT OF PARTICIPANT COVERAGE

An Employee must be Actively at Work on the date his coverage becomes effective. If he is not Actively at Work on that date, his coverage will start on the first day he is next Actively at Work.

The coverage of any Employee is effective on the date he is eligible, provided application is made within the time limit. However, for late application or for benefits that require Evidence of Insurability, coverage is effective on the date the insurability of the Employee is approved by DFS.

COMMENCEMENT OF DEPENDENT COVERAGE

Coverage for a Dependent is effective on the date the Participant is first eligible for Dependent coverage, provided application is made within the time limit. However, for late application or for benefits that require Evidence of Insurability, coverage is effective on the date the Dependent's insurability is approved by DFS.

If a Participant already has Dependent coverage on the date he acquires a new Dependent, the coverage of that Dependent is effective on the date he becomes a Dependent, except for benefits requiring Evidence of Insurability. However, the Life Benefit for a newborn Child is effective 15 days from birth, subject to all other terms and conditions of the policy provisions, including those above.

If a Dependent (other than a newborn Child) is confined to a Hospital on the date his coverage would otherwise become effective, his coverage begins on the day immediately following his discharge from the Hospital.

CHANGE IN AMOUNT OF COVERAGE AND BENEFIT

Any increase or decrease in the amount of coverage or any change in Benefit is effective on the later of the following dates, provided the Participant is Actively at Work on that date:

- the date the Participant is first eligible for the change provided written request is received by DFS on or before that date, or
- 2) the date the insurability of the Covered Person is approved by DFS:
 - a) if the new amount of coverage exceeds the Maximum without Evidence of Insurability, or
 - b) if the request for change is received more than 31 days after the date of his eligibility for the change.

Any increase in the Maximum without Evidence of Insurability does not apply to a Covered Person who was previously declined for an amount in excess of the Maximum without Evidence of Insurability.

If a Participant is not Actively at Work on the date his coverage should change, then the change is effective on the first day he is next Actively at Work.

CONTINUATION OF COVERAGE DURING ABSENCE FROM WORK

If a Participant is not Actively at Work for any of the reasons described below, his coverage may be continued, according to the following provisions.

ILLNESS OR INJURY

All benefits that are in place immediately before the absence are continued during an absence due to Illness or injury that results in disability recognized by DFS. Premiums must continue to be paid unless the Participant is eligible for a premium waiver.

TEMPORARY LAY-OFF

The Participant is allowed to keep all benefits that are in place immediately before the absence. Benefits can be continued for any predetermined period as long as premiums continue to be paid. However, the coverage can only be continued for a maximum of 31 days for Short Term and Long Term Disability Benefits, and of 24 months for all other benefits. DFS must be advised of the scheduled return to work date prior to the start of the absence.

If the Participant decides not to keep his benefits, those benefits are reinstated, without Evidence of Insurability, on the date the Participant is again Actively at Work. DFS must be advised within 31 days following the return to work of the Participant otherwise, Evidence of Insurability is required.

UNPAID LEAVE OF ABSENCE

The Participant is allowed to keep all benefits that are in place immediately before the absence. Benefits can be continued for any predetermined period as long as premiums continue to be paid. However, the coverage can only be continued for a maximum of 31 days for Short-Term and Long-Term Disability Benefits, and of 6 months for all other benefits. DFS must be advised of the scheduled return to work date prior to the start of the absence.

If the Participant decides not to keep his benefits, those benefits are reinstated, without Evidence of Insurability, on the date the Participant is again Actively at Work. DFS must be advised within 31 days following the return to work of the Participant otherwise, Evidence of Insurability is required.

MATERNITY, PARENTAL OR FAMILY RELATED ABSENCES AND LEAVES

For an absence or leave taken according to any applicable law, a Participant may:

- 1) as long as premiums continue to be remitted, keep:
 - a) all benefits, or
 - all benefits except for the Short Term and Long Term Disability Benefits,
- discontinue all benefits.

Benefits may be continued for a maximum of 12 months or longer where required by law. DFS must be advised of the scheduled return to work date no later than 31 days following the start of the absence or leave.

DFS must be advised of the Participant's choice prior to the start of the absence or leave. If benefits are discontinued, they are reinstated without Evidence of Insurability, on the date the Participant is again Actively at Work. DFS must be advised within 31 days following the return to work otherwise, Evidence of Insurability is required.

STRIKE OR LOCK-OUT

Coverage terminates on the date the strike or lock-out begins.

TERMINATION OF BENEFITS AND COVERAGE

BENEFIT TERMINATION

Each Benefit terminates on the date specified below.

BENEFIT	TERMINATION DATE
Extended Health Care Benefit	The date of retirement
Dental Care Benefit	The Participant's 65 th birthday or retirement, whichever comes first
Short Term Disability Benefit	The Participant's 70 th birthday or retirement, whichever comes first
Long Term Disability Benefit	The Participant's 65 th birthday or retirement, whichever comes first
Life Benefit	The date of retirement
Accidental Death and Dismemberment Benefit	The Participant's 70 th birthday or retirement, whichever comes first

TERMINATION OF PARTICIPANT COVERAGE

Except as specifically noted elsewhere in the policy, the coverage of the Participant terminates on the earliest of:

- 1) the date he no longer qualifies as an Employee,
- the date he no longer belongs to a class of Employees eligible for coverage,
- 3) the date his employment or contract with the Employer is terminated,
- 4) the end of the period for which the premiums are paid on his behalf,
- 5) the date he retires, unless eligible for continued retirement coverage,
- 6) the date he is no longer Actively at Work, or
- 7) the date the policy terminates.

TERMINATION OF DEPENDENT COVERAGE

Except as specifically noted elsewhere in the policy, the coverage for a Dependent terminates on the earliest of:

- the date the Participant's coverage terminates, unless the Dependent is eligible for survivor benefits,
- 2) the date the individual no longer qualifies as a Dependent, or
- the date the premiums are not paid on behalf of the Participant for Dependent coverage.

REINSTATEMENT OF COVERAGE

If an Employee's coverage terminates due to termination of employment and he is then rehired within 6 months, he is eligible for the reinstatement of his coverage on the date he resumes employment. Application for reinstatement must be made within 31 days of the rehire date.

If an Employee does not qualify for reinstatement, he is considered a new Employee.

SURVIVOR BENEFIT

This provision applies to the following:

- Extended Health Care Benefit
- Dental Care Benefit

In the event of the Participant's death and subject to policy provisions, coverage continues for his Dependents, without premium payment, until the earliest of:

- 1) 24 months from the date of death,
- the date Dependent coverage normally terminates had the Participant not died, or
- 3) the date the Benefit or policy terminates.

FRAUD

In case of fraud, DFS reserves the right to terminate the Participant's coverage.

CLAIMS

NOTICE AND PROOF OF CLAIM

Notice and proof of any claim must be received by DFS within the time limit specified for each Benefit:

BENEFIT	TIME LIMIT
Extended Health Care Benefit	All claims, with receipts included, must be submitted to DFS within 12 months of the date the expense is incurred.
Dental Care Benefit	All claims, with receipts included, must be submitted to DFS within 12 months of the date the expense is incurred.
Short Term Disability Benefit	 Written proof of a claim must be submitted to DFS within 60 days of the initial date of Total Disability. Subsequent written proof of continuing Total Disability satisfactory to DFS must be submitted to DFS upon request.
Long Term Disability Benefit	Initial written notice of a claim must be submitted to DFS within 30 days of the expiry of the Elimination Period, and initial written proof must be submitted to DFS within 60 days of the expiry of the Elimination Period.
	When Total Disability is recurrent, written notice of a claim must be submitted to DFS within 30 days of the date of recurrence, and
	written proof must be submitted to DFS within 60 days of the date of the recurrence.
	Subsequent written proof of continuing Total Disability satisfactory to DFS must be submitted to DFS upon request.

Life Insurance Benefit	 Notice of claim must be submitted to DFS within 30 days of the date of death, and the written proof of claim must be submitted within 90 days of the date of death.
Accidental Death and Dismemberment Benefit	 Notice of claim must be submitted to DFS within 30 days of the date of the Accident, and the written proof of claim must be submitted within 90 days of the date of the Accident.

Failure to submit notice or proof of claim within the prescribed time limit does not invalidate the claim if the notice and proof of the claim are sent as soon as reasonably possible. However, no payment is made if the notice and proof of claim are sent more than 12 months after the date the expenses are incurred or the date of the event that results in a claim.

If the policy terminates, no payment is made unless the notice and proof of claim is submitted to DFS within 120 days of the date of termination of the policy.

Every action or proceeding against DFS for the recovery of insurance money payable is barred absolutely unless commenced within the time set out in the Insurance Act or other legislation of the province where the Participant resides.

SUBMISSION OF CLAIMS

Claims must be submitted to DFS on the appropriate form. When necessary, DFS may also require any other information it deems useful.

Drugs and other Health Care Expenses

If the direct payment method is used for drug expenses, the Participant is not required to submit a claim to DFS.

For all other medical expenses, the Participant is not required to submit a claim to DFS if the professional or service provider uses the Electronic Data Interchange (EDI).

Dental Care

The Participant is not required to submit a claim to DFS if the Dentist uses the Electronic Data Interchange (EDI).

DFS reserves the right to require radiographs and other types of diagnostics such as specialist reports, periodontal charts and study models.

Death

Before settling any claim, DFS requires satisfactory written proof of:

- death, including a medical report or death certificate, the cause and circumstances of the death.
- 2) eligibility of the deceased at the time of death,
- 3) date of birth of the deceased, and
- right of the claimant to receive the proceeds.

DFS may also require any other information it deems useful.

In the case of a disappearance, DFS will pay the claim on presentation of a declaratory judgment of death.

PAYMENTS

All amounts are paid to the Participant unless otherwise indicated in the policy.

Death claims

Payment is paid within 30 days of receipt of proof of claim satisfactory to DFS. The amount payable on the Participant's death is paid to the beneficiary.

CO-ORDINATION OF BENEFITS

If an individual covered under the Extended Health Care and Dental Care benefits, is also covered under another Plan that provides similar benefits, total reimbursements made by all plans in any year are co-ordinated.

Co-ordination of benefits is calculated as specified in the guidelines of the Canadian Life and Health Insurance Association. Total amounts paid under all plans cannot exceed 100% of the individual's incurred Eligible Expenses.

Travel Insurance Expenses

If an individual covered under Travel Insurance is also covered under any other plan or insurance policy that provides similar benefits, Travel Insurance only covers Eligible Expenses in excess of the amounts payable by the other plans or insurance policies.

If the other plans or insurance policies include a similar clause or Co-ordination of Benefits provision, benefits are co-ordinated between all plans or insurance policies so that the total amounts paid do not exceed 100% of the individual's incurred Eligible Expenses.

MEDICAL EXAMINATIONS

From time to time, DFS is entitled to have a claimant examined by a health professional of its choice.

SUBROGATION

When reimbursement for expenses incurred for which another party is or may be liable, DFS is subrogated to the same rights of recovery available to the Participant. DFS may bring action in the name of the Participant to enforce these rights.

When a Participant is paid disability benefits for loss of income for a cause that another party is or may be liable, DFS is subrogated to the same rights of recovery available to the Participant. The amount subject to subrogation is limited to the amount of salary loss benefits paid or payable to the Participant by DFS.

RIGHT OF RECOVERY

Payments made by DFS in excess of the maximum amount that should have been paid are recoverable by DFS, limited to that excess amount. It will be recovered from any individuals or entity to or for whom the payments were made.

WAIVER OF PREMIUM

This provision applies to the following Benefits:

- Short Term Disability Benefit
- Long Term Disability Benefit
- Basic Life Benefit
- Basic Accidental Death and Dismemberment Benefit

1) Beginning of the Waiver of Premium

A Participant under age 65 who becomes Totally Disabled while covered under the policy may be entitled to have his premiums waived the first day of the month following the date Long Term Disability Benefits are expected to commence. The Participant must submit proof of Total Disability satisfactory to DFS.

2) Termination of the Waiver of Premium

Premiums are no longer waived on the earliest of the following dates:

- the date the Participant is unable or unwilling to provide satisfactory proof of Total Disability to DFS, if such proof is not provided within 3 months of DFS's request,
- b) the date the Participant ceases to be Totally Disabled,
- the date the Participant is engaged in any occupation or employment for remuneration or profit. This does not include a rehabilitative program approved by DFS,
- d) the date of the Participant's 65th birthday,
- e) the date the Participant retires,
- f) the date the coverage of the Participant terminates, or
- g) the date the Benefit is cancelled or the policy terminates, except for the Life Benefit and the Long Term Disability Benefit.

3) Recurrent Total Disability

A Total Disability that recurs within 6 months after the end of a previous period of Total Disability for which premiums were waived is deemed a continuation of the previous period if for the same or related causes.

4) Notice and Proof of Total Disability

For the Participant to be eligible for Waiver of Premium, DFS must receive:

- written notice of Total Disability within 12 months of the date the Participant is Totally Disabled, and
- satisfactory proof of Total Disability within 90 days following the date DFS received written notice.

For recurrent Total Disability, DFS must receive written notice and proof of claim within 30 days of the recurrence.

EXTENDED HEALTH CARE BENEFIT

SUMMARY OF BENEFITS

When DFS receives satisfactory Proof of Claim that a Covered Person incurred Eligible Expenses while covered under this Benefit, DFS will reimburse those expenses according to policy provisions.

Deductible	
Eligible Expenses	Amount
All expenses	None
Percentage of Reimbursement	
Eligible Expenses	Percentage
	Generic drugs: 100% of the lowest priced equivalent drug available on the market
Drugs	2) Brand name drugs: 100% of the brand name drug if no equivalent drug is available on the market or 100% of the lowest priced equivalent drug available on the market
Referral Treatment	80%
All other expenses	100%

BENEFIT PAYMENT

For all Eligible Expenses, DFS will reimburse the portion of the Reasonable and Customary Charges in excess of the Deductible, subject to the Percentage of Reimbursement.

To be eligible, the expenses must be medically necessary for the treatment of the Covered Person and incurred as a result of an Illness, a pregnancy or an Accident, and cover care that:

- is prescribed by a Physician or other health professional as authorized by law, before the expense is incurred,
- is recognized throughout the medical field as appropriate and consistent with the diagnosis, and
- cannot be omitted without endangering the person's health or the quality of medical care.

The incurred date for any Eligible Expense is the date the service is provided or the item is supplied.

ELIGIBLE EXPENSES

IN CANADA

Eligible Expenses are those listed below and incurred:

- 1) in the Participant's province of residence, and
- within Canada, but outside the Participant's province of residence, if not related to a Medical Emergency.

MARK-UP AND DISPENSING FEE	
Limits for Eligible Drug Expenses	
Mark-up	Reasonable and Customary Charges
Dispensing fee	Reasonable and Customary Charges

DRUGS

- Drugs with a DIN (Drug Identification Number) when dispensed by a pharmacist, and
 - a) by law require a prescription, or
 - do not require a prescription, but are categorized as life sustaining, including without limitation:
 - malarials
 - fibrinolytics
 - nitroglycerin
 - single entity iron salts
 - thyroid agents
 - topical enzymatic debriding agents

Compounded preparations dispensed by a pharmacist where the principal active ingredient in the compound is an eligible drug.

- Lancets, syringes and test strips for diabetics.
- 3) Expenses used to cover the provincial drug insurance plan deductible and co-insurance amount for persons covered under their provincial plan.
- 4) Prior Authorization Drugs

Prior authorization by DFS is required for certain drugs listed on DFS's website. A prior authorization form completed by the Physician must be submitted to DFS in order to determine whether the prescribed drug meets the prior authorization criteria established by DFS. The criteria are based, in particular, on clinical practice guidelines and recommendations issued by health technology assessment agencies and they include verification that:

- the drug is prescribed for an approved therapeutic indication approved by Health Canada, and
- b) the drug's effectiveness is satisfactory compared to its associated cost.

Proof of the effectiveness of the approved drug, including medical results, may be requested during the course of treatment to determine if the drug is having the desired effect so that it may remain eligible for reimbursement.

DFS reserves the right to reimburse an equivalent drug when a less expensive equivalent or biosimilar drug is available on the market.

Other Eligible Drug Expenses	Maximum Payable Amount per Covered Person
Preventive vaccines	\$500 per calendar year
Anaesthetic administered during a medical or surgical procedure	\$20 per procedure
Smoking cessation aids (products only)	\$500 lifetime
Fertility treatment	Drugs only, \$2,500 lifetime

HEALTH PROFESSIONALS	
Eligible Expenses	Maximum Payable Amount per Covered Person
Paramedical Services Services of the following professionals if they are practicing within their recognized field and are members in good standing of their professional governing body that is recognized by DFS. Medical recommendation is not required unless specified.	For each type of professional, the maximum is limited to one visit per day
acupuncturist	\$500 per calendar year
audiologist	\$500 per calendar year
chiropractor	\$500 per calendar year, including x-rays
massage therapist, orthotherapist or kinesiotherapist	Combined amount of \$500 per calendar year
naturopath	\$500 per calendar year
osteopath	\$500 per calendar year, including x-rays

physiotherapist or sports therapist	Combined amount of \$500 per calendar year
podiatrist or chiropodist	Combined amount of \$500 per calendar year including x-rays
psychologist or social worker	Combined amount of \$500 per calendar year
speech therapist	\$500 per calendar year
Home Nursing Care Nursing services given at home by a registered nurse or a licensed practical nurse, provided the services are within the competence of that nurse. The nurse must not be related to the Participant or to any of his Dependents by birth or marriage and must not ordinarily reside in his or his Dependent's home.	\$10,000 per calendar year

AMBULANCE

Transporting the Covered Person by a licensed ground ambulance:

- 1) in the event of a Medical Emergency, from the place of the Accident or Illness to the nearest Hospital where adequate treatment is available, and
- 2) from the Hospital to the place of residence of the Covered Person, when his health condition does not allow any other means of transportation.

Also eligible is transportation of the Covered Person by a licensed air ambulance to the nearest Hospital where adequate treatment is available when required due to a Medical Emergency.

MEDICAL EQUIPMENT OR SUPPLIES	
MOBILI	TY AIDS
Eligible Expenses	Limitations and/or Maximum Payable Amount per Covered Person
Walkers, canes or crutches	Purchase or rental, at the option of DFS
Wheelchairs	Purchase and repair, or rental, at the option of DFS, up to the cost of one non-motorized wheelchair, unless the Covered Person's health condition requires a motorized wheelchair \$10,000 in any 5 calendar year-period, plus batteries for a motorized wheelchair.
	One in any 60-month period for an eligible non-motorized wheelchair
Exterior access ramps	Purchase One per lifetime.

ORTHOPAEDIC SUPPLIES	
Eligible Expenses	Limitations and/or Maximum Payable Amount per Covered Person
Orthopaedic shoes: Custom-made shoes, including work boots Open-toed shoes In-flare or out-flare shoes Shoes required for Denis Browne braces Modified or adjusted prefabricated shoes Modifications or adjustments to	Manufactured and billed by a centre recognized by DFS. In addition, the shoes and the modifications or adjustments to prefabricated shoes must be made by an orthotist who is a member in good standing of his professional governing body that is recognized by DFS. • One pair per calendar year
prefabricated shoes Foot orthoses	Manufactured and billed by a centre recognized by DFS. In addition, the orthoses, must be made by an orthotist who is a member in good standing of his professional governing body that is recognized by DFS. • \$400 per calendar year
Rigid or semi-rigid braces for limbs, trusses or casts	Purchase and repair
Spinal braces	Purchase and repair

PROSTHESES	
Eligible Expenses	Limitations and/or Maximum Payable Amount per Covered Person
Hearing aids	\$500 in any 5-calendar year period, including batteries
Wigs	When required for temporary hair loss due to alopecia, chemotherapy or radiotherapy \$200 lifetime
Breast prostheses	When required due to a mastectomy, up to the cost of one external prosthesis per calendar year, and mastectomy brassieres per calendar year
Artificial limbs	 Purchase Repair Replacement when it is required due to a physiological change
Myoelectric prosthetics	 Purchase, up to \$10,000 per prosthesis Repair Replacement when it is required due to a physiological change up to \$10,000 per prosthesis
Artificial eyes	Purchase and repair

OTHER MEDICAL EQUIPMENT OR SUPPLIES	
Eligible Expenses	Limitations and/or Maximum Payable Amount per Covered Person
Glucose monitors	One monitor in any 4-calendar year period
Insulin pump supplies	Purchase
Support stockings	Purchase of support stockings at least 20 mm/Hg \$250 per calendar year
Intrauterine devices or diaphragms	Purchase Reasonable and Customary Charges
TENS nerve stimulators and their supplies	Purchase or rental, at the option of DFS \$700 lifetime
Catheters	Purchase
Ostomy supplies	Purchase
Paraplegics supplies	Purchase
Tube feeding supplies	Purchase
Tracheotomy supplies	Purchase
Opaque glasses	Purchase, provided they are required during radiotherapy or psoriasis treatments
Compressive garments other than support stockings	Purchase
Medicated dressings	Purchase
Stump-socks	10 per calendar year
Apnea monitors	One per 5 calendar year-period, up to \$2,500

Oxygen and equipment required for its administration	Purchase or rental, at the option of DFS
Lymphoedema pumps	Purchase One device lifetime, up to \$1,500
Chest percussion accessories	Purchase
Enuresis sensors	Purchase or rental, at the option of DFS
Hospital beds	Purchase and repair, or rental, at the option of DFS, up to the cost of a non-electric hospital bed, unless the Covered Person's health condition requires an electric bed One in any 60-month period
Traction apparatus	Purchase or rental, at the option of DFS
Standing aids	Purchase or rental, at the option of DFS
Daily living aids: shower bars, bathtub bars shower chairs grab bars standard commodes bathtub rails elevated toilet seats	Purchase or rental, at the option of DFS
Other therapeutic equipment and their supplies: aerosol therapy equipment insulin pumps * non-union bone stimulators positive pressure airway ventilator machines (CPAP)** mandibular advancement splints Additional equipment may be included, as determined by DFS.	Purchase or rental, at the option of DFS * One pump per 5 calendar year-period, up to a maximum of \$5,500 ** One appliance, up to \$2,500 per 5 calendar year-period for all this equipment \$10,000 lifetime combined for any or all of this equipment and their supplies

DIAGNOSTIC SERVICES	
Eligible Expenses	Limitations and/or Maximum Payable Amount per Covered Person
Imaging techniques Diagnostic laboratory tests Prenatal screening tests	For diagnostic purposes. Reasonable and Customary Charges

DENTAL TREATMENT DUE TO AN ACCIDENT	
Eligible Expenses	Limitations and/or Maximum Payable Amount per Covered Person
	The accidental blow must occur while the Covered Person is covered under this Benefit or a comparable benefit in force immediately before the effective date of this Benefit.
The services of a Dentist required to repair or replace sound teeth as a	Within 12 months of the Accident:
result of an accidental blow to the mouth	dental care must be rendered, or
A sound tooth is a natural tooth not	 a treatment plan satisfactory to DFS must be submitted.
affected by any pathology in itself or any adjacent structures. A natural tooth treated or repaired and restored to normal function is considered sound.	No benefit is paid for services provided more than 2 years after the date of the Accident.
	Reimbursement of Eligible Expenses is governed by the current year Dental Association Fee Guide for General Practitioners where the Participant resides

VISION CARE	
Eligible Expenses	Limitations and/or Maximum Payable Amount per Covered Person
	One exam
	in any period of 2 calendar years for adults,
Eye exam	per calendar year for Children under age 19.
	The maximum incurred for expenses for eye exam is combined with the maximum for eyeglasses and contact lenses
	Purchase and replacement
	Eyeglasses and contact lenses must be prescribed by an ophthalmologist or optometrist and dispensed by an ophthalmologist, optometrist or optician, for vision correction.
Eyeglasses and contact lenses	Combined amount of:
	\$400* in any period of 2 calendar years for adults,
	\$400* per calendar year for Children under age 19.
	*The maximum is combined with the maximum for eye exam
Laser surgery for vision correction	600 \$ lifetime

Intraocular lenses	Purchase, as a replacement for natural crystalline in case of cataracts \$400 in any period of 24 months
Contact lenses (special condition)	Contact lenses to restore the visual acuity of the best eye to at least 20/40 when eyeglasses cannot get this result, up to:
	\$400 in any period of 2 calendar years for adults,
	\$300 in any period of 2 calendar years for Children under age 19.

REFERRAL TREATMENT

Eligible Expenses are as below when incurred outside the Covered Person's province of residence due to a referral, subject to the following:

- the service or treatment must not be available in Canada or in the Covered Person's province of residence,
- the Covered Person must provide DFS with a letter of referral from a Physician from the province of residence he resides indicating that he is referred to another Physician,
- 3) DFS must give prior written approval, and
- the provincial health and/or hospital insurance plans must pay a portion of the Eligible Expenses.

Eligible Expenses	Limitations and/or Maximum Payable Amount
Health Care Expenses	
Hospital room and board charges	In Canada: same coverage as provided for under the In Canada provision of this Benefit Outside Canada: semi-private room
Other hospital services	

Physician, surgeon or anaesthetist's fees	
Transportation Expenses	
Expenses to transport the Covered Person by a suitable means to a place of treatment competent to provide appropriate care.	
Expenses for an Immediate Family Member to be transported with the Covered Person to the place of treatment.	
Round-trip economy transportation for a qualified medical attendant when ordered by the attending Physician.	The attendant cannot be an Immediate Family Member, friend or Travelling Companion
Round-trip economy air, bus or train transportation by the most direct route for one Immediate Family Member to visit the Covered Person who must be confined for at least 7 days.	 The Covered Person must not be accompanied by an Immediate Family Member age 18 or over The Living Expenses for the Immediate Family Member up to a maximum of \$1,500 The visit must be considered as beneficial to the patient by the attending Physician
On the death of a Covered Person, one round-trip economy air, bus or train transportation by the most direct route for one Immediate Family Member to the place of death for identification of the remains prior to repatriation.	The Covered Person must not be accompanied by an Immediate Family Member age 18 or over
On the death of a Covered Person, the cost to prepare and return the body or cremains to the place of residence by the most direct route (plane, bus or train).	\$5,000 The cost of the casket or urn is not covered

Living Expenses		
The Covered Person's cost of meals and accommodations for the duration of his treatment. Additional child care expenses for Children not accompanying the Covered Person.	\$200 per day per Covered Person for a maximum of 10 days. This maximum is for all these expenses combined	
Long-distance Telephone Charges		
Long-distance telephone charges to reach an Immediate Family Member if the Covered Person is hospitalized.	 \$50 per day up to an overall maximum of \$200 per Period of Hospitalization The Covered Person must not be accompanied by an Immediate Family Member age 18 or over These expenses are eligible if no reimbursement has been made for Transportation Expenses for one Immediate Family Member to the Hospital 	
Overall Maximum Benefit		
Expenses incurred outside the province of residence, but within Canada	No maximum	
Expenses incurred outside Canada	\$50,000 per calendar year per Covered Person	

TRAVEL INSURANCE

If a Covered Person incurs Medical Emergency expenses during the first 180 days of a stay outside their province of residence, DFS will reimburse the Eligible Expenses subject to the following conditions:

- 1) the person must be covered under a provincial health plan in Canada,
- 2) expenses must be eligible under the Extended Health Care Benefit, and
- the Covered Person's health condition must be Stable prior to the Trip departure date.

The Participant must contact DFS if the duration of the stay outside Canada is or may be longer than 180 days. Otherwise, the Covered Person may not be covered for Travel.

Medical decisions by a Physician or other health care professional employed by, under contract to, or designated by "Travel Assistance", are based on medical factors and, as such, will be conclusive in determining the need for the services outlined below.

Eligible Expenses	Limitations and/or Maximum Payable Amount
Health Care Expenses	
Hospital room and board charges until the Covered Person is discharged from hospital	Semi-private room
Other hospital services	
Physician, surgeon or anaesthetist's fees	
All other expenses eligible under the In Canada provision of this Benefit	
Transportation Expenses To be eligible, all the expenses listed below must be approved and arranged by "Travel Assistance"	
Expenses to repatriate the Covered Person, as soon as his health allows it, by a suitable means of Public Transportation to his place of residence to receive appropriate care.	These expenses are eligible if the means of transportation originally arranged for the return Trip cannot be used.

Evnenges for enother reversely	Those evenence are alleited if the
Expenses for another person also covered under this Benefit to be repatriated at the same time as the Covered Person.	These expenses are eligible if the means of transportation originally arranged for the return Trip cannot be used.
Round-trip economy transportation for a qualified medical attendant when ordered by the attending Physician.	The attendant cannot be an Immediate Family Member, friend or Travelling Companion.
Round-trip economy air, bus or train transportation by the most direct route for one Immediate Family Member to visit the Covered Person who must be confined for at least 7 days.	 The Covered Person must not be accompanied by an Immediate Family Member age 18 or over. The Living Expenses for the Immediate Family Member is limited to \$1,500. The visit must be considered as beneficial to the patient by the attending Physician.
Cost of returning the Covered Person's personal or rented Vehicle if: the Covered Person suffers from a disability due to a Medical Emergency, a Physician verifies that the disability prevents the Covered Person from operating this Vehicle, and none of the Immediate Family Members accompanying the Covered Person are able to return it. A commercial agency may be hired to return the Vehicle.	\$2,500 per trip
On the death of a Covered Person, one round-trip economy air, bus or train transportation by the most direct route for one Immediate Family Member to the place of death for identification of the remains prior to repatriation.	The Covered Person must not be accompanied by an Immediate Family Member age 18 or over.

On the death of a Covered Person, the \$5.000 cost to prepare and return the body or cremains to the place of residence by The cost of the casket or urn is not the most direct route (plane, bus or covered train). Living Expenses The cost of meals and accommodations if the Covered Person's return is delayed because of an Illness or Accident verified by a Physician. The Illness or Accident \$200 per day per Covered Person for a must be suffered by the Covered maximum 10 days per Trip, for all Person himself, an accompanying these expenses combined Immediate Family Member or a Travelling Companion. Additional child care expenses for Children not accompanying the Covered Person Long-distance Telephone Charges \$50 per day up to an overall maximum of \$200 per Period of Hospitalization. To be eligible, the Covered Person must not be accompanied Long-distance telephone charges to by an Immediate Family Member reach an Immediate Family Member if age 18 or over. the Covered Person is hospitalized. These expenses are eligible if no reimbursement has been made for Transportation Expenses for one Immediate Family Member to the Hospital.

Overall Maximum Benefit

Person

All Eligible Expenses

\$5,000,000 lifetime per Covered

RESTRICTIONS, LIMITATIONS AND EXCLUSIONS

DFS reserves the right to apply certain restrictions, limitations and exclusions namely to services, products or drugs that:

- are used to treat specific conditions other than those for which they are approved by Health Canada,
- are taken in a higher dose, greater quantity or at a frequency that exceeds DFS's criteria of good clinical practice, or
- do not meet DFS's prior authorization criteria as of the date the expense is incurred.

Additional Restrictions Applicable to Drugs

Maintenance drugs are limited to a 100-day supply. All other drugs and products are limited to a 34-day supply.

Limitations

Eligible Expenses are subject to the limitations and maximums specified in this benefit.

Alternate Benefit Clause

For each Eligible Expense for which several products are available on the market, reimbursement is limited to the lowest cost alternative product that represents reasonable treatment.

Additional Limitations Applicable to Drugs

For biologic drugs, DFS reserves the right to reimburse a less expensive biosimilar drug if available on the market.

General Exclusions

No reimbursement is made for:

- services or treatments that a government health plan prohibits from being paid in whole or in part, except to the extent that it permits reimbursement of the excess amount,
- services, treatments or supplies that a person received without charge or that
 may be reimbursed under any provincial or federal law, whether or not the
 person is covered under those laws,

- 3) Eligible Expenses which result directly or indirectly from the following:
 - a) cosmetic treatment other than what provided for under this Benefit,
 - committing or attempting to commit a criminal offence, including operating a vehicle while impaired as set out under the Criminal Code of Canada.
 - any cause that payment is provided for under any Workers' Compensation Act or similar legislation or under any other government plan,
 - d) war, whether declared or not, or service in the armed forces of any country, or participation in a riot, insurrection or civil commotion,
- services, treatments or supplies which are experimental,
- 5) services, treatments or supplies provided by the Employer,
- services, treatments or supplies provided to the Covered Person by an Immediate Relative,
- hospital stay if the stay is primarily for the participation in a therapeutic program, a therapy or a cure,
- 8) confinement in a Convalescent or Rehabilitation Centre,
- 9) confinement in a Chronic Care Establishment,
- home nursing care services rendered solely for custodial care, supervision, companionship or psychotherapy,
- 11) robotic walking aid apparatus,
- 12) extra-depth shoes and off-the-shelf shoes that are regular stock,
- 13) charges for any surgically implanted item.
- 14) supports such as "Obus form" or similar devices,
- 15) physical exercise class or program of any kind,
- 16) therapeutic bath of any kind,
- 17) fasting therapy and related charges,
- appliances, supplies and equipment conceived or customized for participation in sporting activities,

- diagnostic services received in a hospital and expenses incurred for genetic testing,
- 20) dental services that are not due to an Accident or that are necessary because of food or an object placed purposely or accidentally in the mouth,
- dental services and supplies for full mouth reconstructions, vertical dimension correction or any other temporomandibular joint dysfunction,
- incontinence supplies,
- expenses incurred for detoxification,
- expenses incurred for fertility treatment,
- 25) expenses incurred for the treatment of sexual dysfunction,
- sunglasses or safety glasses,
- travel for health reasons or for medical examinations required for insurance, consultation or assessment purposes, or
- services, treatments or supplies not included in the list of Eligible Expenses.

Additional Exclusions Applicable to Drugs

No reimbursement is made for:

- drugs or products that are on DFS's list of excluded drugs or products. This
 list is available on DFS's website. In part, the list is based on the drug or
 product's effectiveness and cost, clinical practice guidelines and
 recommendations issued by health technology assessment agencies,
- 2) drugs or products that are or should be administered in a hospital or hospital setting, as determined by DFS. This includes drugs or products that require special supervision during treatment due to the severity of the patient's condition, the complexity of the treatment or for safety reasons. In part, DFS uses information from Health Canada approved product monographs and recommendations issued by health technology assessment agencies to make its determination,
- 3) contraceptives other than hormonal contraceptives,
- sclerotherapy,
- drugs used to treat obesity,

- 6) the following, whether prescribed or not:
 - shampoos and other scalp care products, including hair growth products,
 - b) aesthetic products, sunscreens, soap and any other hygiene products,
 - c) natural products and homeopathic products,
 - d) disinfectants and non-medicated dressings,
 - e) any infant milk formulas,
 - f) dietary supplements,
 - g) vitamins and minerals.

Additional Exclusions Applicable to Travel Insurance

"Travel Assistance" must be contacted immediately when a Medical Emergency outside the Participant's province of residence requires services. Failure to contact "Travel Assistance" may result in limited reimbursement of any costs incurred or denial of the claim. DFS is not responsible for the availability or quality of the medical services even after repatriation.

No reimbursement is made:

- if the purpose of the Trip is to receive medical or paramedical treatment or Hospital services,
- for elective, non-emergency treatment or surgery that could have been provided in the province of residence of the Covered Person without endangering his life or health, even if the service is provided due to a Medical Emergency,
- 3) if the Covered Person did not agree to:
 - a) the treatment prescribed by the Physician or "Travel Assistance",
 - b) change hospital or clinic,
 - c) be examined for diagnostic purposes,
 - d) repatriation as recommended by "Travel Assistance";

- 4) for any Medical Emergency incurred in a region that the Canadian government issues one of the following travel warnings for prior to the Trip departure date:
 - a) avoid non-essential travel, or
 - b) avoid all travel.

If a travel warning is issued while a Covered Person is in a region, the above does not apply. However, arrangements must be made to leave the area as soon as possible,

- 5) if the Covered Person refuses to disclose to DFS necessary information regarding other insurance plans under which he also has travel coverage or if he refuses the use of the information by DFS,
- if the expenses incurred are related to a health condition that is not Stable prior to the Trip departure date,
- 7) if a Physician advised the Covered Person not to travel,
- for expenses resulting from a pregnancy, miscarriage, delivery or related complications, if these expenses are incurred after the first 32 weeks of pregnancy,
- 9) for an Accident that occurs while travelling and resulting from the Covered Person participating in a sports activity as a professional, or a high-risk sport or activity, including without limitation:
 - a) hang gliding and paragliding,
 - b) skydiving and free falling,
 - c) bungee jumping,
 - d) climbing and mountain climbing,
 - e) freestyle skiing,
 - f) underwater activities,
 - g) combat sports,
 - h) motorized race,

- 10) for death or expenses directly or indirectly related to:
 - a) drug use, or
 - b) medication or alcohol abuse.

Medication abuse means intake in excess of the recommended dosage. Alcohol abuse means a blood alcohol content in excess of that allowed under the Criminal Code of Canada.

DENTAL CARE BENEFIT

SUMMARY OF BENEFITS

When DFS receives satisfactory Proof of Claim that a Covered Person incurred Eligible Expenses while covered under this Benefit, DFS will reimburse those expenses according to policy provisions.

Deductible		
Eligible Expenses	Amount	
All Eligible Expenses	None	
Percentage of Reimbursement		
Eligible Expenses	Percentage	
Preventive Services	100%	
Basic Services	100%	
Major Restorative Services	80%	
Maximum Benefit		
Eligible Expenses	Amount	
Preventive, Basic and Major Restorative Services	Combined maximum of \$1,500 per calendar year per Covered Person	

BENEFIT PAYMENT

For all Eligible Expenses DFS will reimburse the portion of the charges in excess of the Deductible subject to the Percentage of Reimbursement.

To be eligible, the services must be necessary and recommended by a Dentist and performed by:

- 1) a Dentist,
- 2) a dental hygienist when the services are within the scope of his license, or
- 3) a licensed denturist.

The incurred date of any Eligible Expense is the date the service is provided or the appliance is obtained. For the following, the date the expense is incurred is deemed:

- the date of insertion of the appliance for a bridge, crown, denture or any other appliance, and
- 2) the date of the final treatment for root canal therapy.

PREDETERMINATION OF BENEFIT

When the total cost of any proposed dental treatment for a Covered Person is expected to exceed \$500, the Participant should submit a detailed treatment plan to DFS before treatment starts. The treatment plan should outline the type of treatment to be provided, the anticipated treatment dates and the cost of the treatment.

No reimbursement is made for charges incurred after the date the Participant's coverage terminates, even if a predetermination was filed and benefits were determined by DFS prior to the termination date.

FEE GUIDE

Reimbursement of Eligible Expenses is governed by the Provincial Dental Association Fee Guide for General Practitioners of the province where the Participant resides, and recognized by DFS, for the calendar year preceding the one during which the services are incurred.

In the absence of a fee guide recognized by DFS or if the fee guide is not recognized by DFS for the year preceding the one during which expenses are incurred, Eligible Expenses are limited to the Reasonable and Customary Charges for that year.

ELIGIBLE EXPENSES

IN CANADA

	PREVENTIVE SERVICES		
	Eligible Expenses	Limitations and/or Maximum per Covered Person	
Exa	minations		
•	Complete oral examination	One in any 3 calendar year period	
•	Preventive or recall examination	One per calendar year	
•	Emergency examination		
•	Specific examination		
•	Periodontal examination	One in any 60-month period	
•	Examination of stomatognathic system dysfunctions	One in any 60-month period	
•	Prosthodontic examination	One in any 24-month period	
•	Specific orthodontic examination		
Rac	liographs (X-rays)		
•	Complete series of radiographs	15 films every 3 calendar year period	
•	panoramic radiographs	One in any 3 calendar year period	
•	Intraoral and extraoral films and radiographs to diagnose a symptom or examine progress of a particular course of treatment	15 films every 3 calendar year period	
•	Photography		

Lab Tests and Examinations	
Microbiological testing	
Biopsies	
Pulp vitality tests	
Unmounted diagnostic casts	
Consultations	
Consultation with a patient	On a day other than the date of an examination
Preventive Services	
Polishing	Once per calendar year
Preventive scaling	Once per calendar year
Topical fluoride application	Once per calendar year
Finishing restorations, including disking and recontouring of natural teeth to improve function	
Pit and fissure sealants	6 in any 5 calendar year period
Interproximal disking	
Space maintainers	For missing primary teeth and only for Children under age 16

	BASIC SERVICES		
	Eligible Expenses	Limitations and/or Maximum per Covered Person	
Res	storations		
•	Amalgam restorations (metal fillings)		
•	Composite restorations (white fillings)		
•	Retentive pins for amalgam and composite restorations		
•	Preformed stainless steel and polycarbonate crowns	On primary teeth and only for Children under age 16	
•	Caries / trauma / pain control procedures (on a day other than when a restoration is performed)		
End	dodontics		
•	Endodontic emergency and treatment of the pulp chamber		
•	Root canal therapy		
•	Periapical services		
•	Miscellaneous endodontic services other than bleaching		
Per	iodontics		
•	Periodontal surgery		
•	Post-operative visits	4 visits per calendar year	
•	Gingival curettage and root planing	Once in any 60-month period	
•	Scaling for therapeutic purposes	12 units per calendar year	

•	Adjustments to a bruxism appliance	Once per calendar year
•	Occlusal equilibration	8 units in any 12-month period or One major and 3 minor in any 12-month period
-	ntenance of Removable tures	
•	Denture repair	
•	Addition to an existing removable denture	
•	Relining	
•	Rebasing	
•	Denture adjustments including minor adjustments when performed at least 3 months after the initial insertion	Once in any 6-month period
Ora	l Surgery	
•	Extractions	
•	Removal of residual roots	
•	Surgical exposure of teeth	
•	Alveolectomy, alveoplasty, gingivoplasty, stomatoplasty and osteoplasty	
•	Alveolar ridge reconstruction	
•	Extension of mucous folds	
•	Excisions	
•	Incisions	
•	Frenectomy	

•	Treatment of salivary glands	
•	Antral surgery (sinuses)	
•	Control of hemorrhage	
•	Post-surgical care	
Anaesthesia		
•	General anaesthesia, conscious or deep sedation	When administered in conjunction with extractions

MAJOR RESTORATIVE SERVICES

Initial

Expenses incurred for an initial appliance are eligible if the appliance is necessary because at least one natural tooth is extracted while the Covered Person is covered under this Benefit or a comparable coverage under the Policyholder's group benefit plan in effect immediately prior to the effective date of this Benefit.

Replacement of a Prosthodontic Appliance

Replacement of an existing appliance by a permanent appliance is eligible if:

- it is necessary because at least one natural tooth is extracted while the Covered Person is covered under this Benefit or a comparable coverage under the Policyholder's group benefit plan in effect immediately prior to the effective date of this Benefit.
- the existing appliance is at least 5 years old, or
- 3) the existing appliance is temporary and is less than 12 months old. Reimbursement for the permanent appliance is reduced by the amount DFS previously reimbursed for the temporary appliance. After that period the temporary appliance is considered permanent.

Replacement - Other Restorations

Replacement of an existing restoration is eligible if:

- 1) the existing restoration is at least 5 years old, or
- 2) the existing restoration is temporary and is less than 12 months old. Reimbursement for the permanent restoration is reduced by the amount DFS previously reimbursed for the temporary restoration. After that period the temporary restoration is considered permanent.

Eligible Expenses	Limitations and/or Maximum per Covered Person
Removable Dentures	
Complete denture	
Immediate complete denture	
Complete or partial overdenture	
Transitional denture	
Partial denture including cast in chrome (gold excluded)	
Partial denture remake	
Remount with occlusal equilibration	
Therapeutic tissue conditioning	
Fixed Prosthodontics	
Abutments and pontics	
Repairs	
Bridge removal	
Recementation	

Other Restorations		
•	Veneers, inlays, onlays, crowns	Reimbursement for crowns of molars is limited to the cost of metal crown
•	Repair	
•	Retentive pins, posts and cores	
•	Recementation	
•	Removal of an inlay, onlay or crown	

OUTSIDE CANADA

For dental treatment rendered outside Canada to be eligible, the services must be:

- 1) for emergency treatment only, and
- 2) included in the list of Eligible Expenses in Canada.

Reimbursement of Eligible Expenses is governed by the Dental Association Fee Guide for General Practitioners of the province where the Participant resides for the calendar year during which the services are provided.

RESTRICTIONS, LIMITATIONS AND EXCLUSIONS

Restrictions

Late Application

If the Participant's application for the Dental Care Benefit is late, for either himself or his Dependents, reimbursement is limited to \$250 per Covered Person for the first 12 months of coverage.

Limitations

- Any amount that exceeds the maximum indicated in the appropriate Fee Guide cannot be reimbursed.
- 2) The maximum reimbursement for lab fees is limited to the lesser of:
 - the Reasonable and Customary Charges for lab fees in the locality where services are provided, or
 - b) 50% of the amount for the corresponding procedure in the Fee Guide.

Alternate Benefit Clause

When 2 or more courses of dental treatment are available that adequately correct a dental condition, reimbursement is based on the cost of the least expensive treatment that provides the Covered Person with adequate care.

The concept of a suitable course of treatment can vary among dental professionals. This limitation is not meant to affect the treatment plan as agreed to by the Dentist and the Covered Person.

General Exclusions

No reimbursement is made for:

- services or treatments that a government health plan prohibits from being paid in whole or in part, except to the extent that it permits reimbursement of the excess amount,
- services, treatments or supplies that a person received without charge or that
 may be reimbursed under any provincial or federal law, whether or not the
 Covered Person is covered under those laws,
- any dental treatment not approved by the Canadian Dental Association or that is considered experimental,
- 4) services, treatment or supplies provided by the Employer,
- charges made by a Dentist for broken appointments, claim forms or telephone advice,

- 6) Eligible Expenses that result directly or indirectly from:
 - committing or attempting to commit a criminal offence, as set out under the Criminal Code of Canada.
 - b) a cause that is the responsibility of a Workers' Compensation Act or similar legislation or any other government plan,
 - war, whether declared or not, or service in the armed forces of any country, or participation in a riot, insurrection or civil commotion,
- any dental treatment for cosmetic purposes, when the form and function of the teeth are satisfactory and no pathological condition exists,
- 8) nutritional counselling,
- any dental services or supplies, including X-rays, provided for:
 - a) full mouth reconstruction,
 - b) vertical dimension correction,
 - c) the correction of temporomandibular joint dysfunction, or
 - d) permanent splinting of teeth,
- 10) bleaching,
- 11) expenses incurred for implants,
- 12) anaesthesia administered by acupuncture, by hypnosis or electronically,
- 13) services, treatments or supplies not included in the list of Eligible Expenses.

Additional Exclusions for Major Restorative Services

No reimbursement is made for:

- 1) expenses incurred to replace lost, mislaid or stolen dentures and appliances,
- prosthetics with precision attachments or stress breakers,
- 3) precision attachments and telescoping crown units for fixed bridgework,
- 4) preformed stainless steel or polycarbonate crowns, and
- 5) transfer coping for crowns.

SHORT TERM DISABILITY BENEFIT

SUMMARY OF BENEFITS

When DFS receives satisfactory Proof of Claim that the Participant:

- became Totally Disabled while covered under this Benefit and remained Totally Disabled during the Elimination Period, and
- 2) is under Continuing Medical Care of a Physician in Canada,

DFS pays benefits according to policy provisions.

Maximum of Benefit

Week 1: \$360

Weeks 2 through 16: \$250 Weeks 17 through 26: \$360

Elimination Period

- Nil in case of Accident
- 7 calendar days in case of Illness
- Nil if hospitalized

Maximum Benefit Period

26 weeks

Taxability Status

Taxable

ELIMINATION PERIOD

The Elimination Period is the period of continuous Total Disability that must be completed before disability benefits may be paid. It begins on the later of:

- 1) the day following the last day the Participant is Actively at Work, or
- the first day the Participant consults a Physician.

To qualify for the Elimination Period for an Accident, the Accident must be confirmed by a Physician and sustained not more than 30 days prior to the initial date of Total Disability. Failure to do so means that the Elimination Period for Illness applies.

If Total Disability begins during an absence from work, the Elimination Period begins:

- on the first day of Total Disability, in case of a Parental or Family Related Leave or the "voluntary leave portion" of a Maternity Leave, or
- on the date the Participant is scheduled to return to work for any other absence or leave,

provided the Participant can and does continue his coverage under this Benefit throughout the leave.

BENEFIT PAYMENT

Benefits are payable each week, starting on the date the Elimination Period ends.

Benefits are payable during the "health related portion" of a Maternity Leave.

In case of a Total Disability that begins during an absence from work for a Maternity, Parental or Family Related Leave, benefits are payable on the later of:

- 1) the end of the Elimination Period, or
- the scheduled return to work date.

Benefits are paid for as long as the Participant remains Totally Disabled, up to the Maximum Benefit Period.

Benefits are based on the Earnings immediately prior to the initial date of Total Disability.

Any payments for a period of less than one week are at the daily rate of 1/7 of the weekly benefit.

RECURRENT DISABILITY

If benefits were paid under this Benefit and the Participant becomes Totally Disabled again, that period of disability is considered a recurrence of the previous Total Disability if the Participant is Actively at Work between the occurrences for less than 2 consecutive weeks if Total Disability is for the same or related cause.

Successive periods of Total Disability due to entirely unrelated cause are considered recurrent unless the Participant is Actively at Work for one day.

The Elimination Period only needs to be served once if Total Disability is a Recurrent Disability.

REHABILITATION

At any time, DFS may require a Totally Disabled Participant to take part in a rehabilitative program satisfactory to DFS. The activities of the rehabilitative program must be approved by DFS.

The Participant will no longer be eligible for benefit payments under this Benefit for any period while he:

- 1) refuses to participate in a rehabilitative program, or
- does not participate actively and in good faith in the rehabilitative program.

REDUCTION OF BENEFITS

1) Direct offset

Benefits payable are reduced by any:

- a) amount that the Participant is eligible to receive under any Workers' Compensation Act or similar legislation,
- disability benefits the Participant is eligible to receive under the Canada Pension Plan or the Quebec Pension Plan excluding amounts payable on behalf of Dependents,
- salary loss replacement paid under any provincial government no-fault automobile insurance plan that does not include Employment Insurance benefits in its payments,
- d) salary loss replacement paid under any other federal or provincial legislation if considered earnings by Employment Insurance,
- e) severance or wrongful dismissal payments, and
- f) Earnings from the Employer including sick pay.

Cost-of-living increases given after benefits begin are not included in the sources mentioned above.

2) Additional reduction in case of Rehabilitation

If the Participant earns any income as part of a rehabilitative program, the benefits payable by DSF are reduced by any income earned from any rehabilitative program.

Benefits are reduced so that his total income from all sources does not exceed 100% of his weekly gross Earnings immediately prior to the initial date of Total Disability.

3) Amount payable under public plans

The Participant is required to apply for all benefits available to him under any of the above plans or legislations. If he fails to apply, DFS may estimate the income that is otherwise payable under any government plan. The Participant's benefits are reduced by this estimated amount. Any adjustments are made once the notice of the actual award is received.

If the Participant receives a lump-sum payment from any of the sources above, that payment is converted to an equivalent weekly amount and reduced from the Participant's benefit payments.

LIMITATIONS AND EXCLUSIONS

Limitations

No benefits are paid for any period of Total Disability:

- while the Participant is not under Continuing Medical Care for the Illness or Accident causing the Total Disability,
- during a Parental or Family Related Leave, or the "voluntary leave portion" of the Maternity Leave for Total Disability occurring during this period,
- during any absence from work due to a strike, lock-out, Leave of Absence or lay-off, for Total Disability occurring during this period,
- 4) while the Participant is imprisoned due to conviction of an offence,
- 5) if the Participant remains outside Canada for longer than 3 months regardless of the reason, unless:
 - a) DFS gives prior written consent to continue paying benefits during this period, or
 - the Participant is outside Canada for medical treatment that is eligible under the Employment Insurance Act.
- while the Participant engages in any gainful occupation. This does not include rehabilitative program approved by DFS,

- for which the Participant is required to provide satisfactory proof of continued Total Disability or to undergo a medical examination at the request of DFS, but neglected or refused to do so, and
- 8) while the Participant refuses to take part or participate in a rehabilitative program considered appropriate by DFS.
- 9) while benefits are paid under the Employment Insurance Act, other than those paid during the "health related portion" of the Maternity leave.

Exclusions

No benefits are payable for Total Disability resulting directly from any one of the following causes:

- war, whether declared or not, or service in the armed forces of any country or participation in a riot, insurrection or civil commotion,
- committing a criminal offence as set out under the Criminal Code of Canada,
- surgery or treatment solely for cosmetic purposes, unless the surgery or treatment is required as a result of an Accident or an Illness,
- 4) alcohol or drug abuse unless the Participant is:
 - a) actively taking part in an appropriate therapeutic program supervised by a Physician on an on-going basis, and
 - b) receiving Continuing Medical Care or treatment for rehabilitation.

TERMINATION OF BENEFIT PAYMENTS

Benefit payments end on the earliest of the date:

- 1) the Participant is no longer Totally Disabled,
- benefits have been paid up to the Maximum Benefit Period for any one episode of Total Disability,
- 3) this Benefit terminates. If a Participant is Totally Disabled prior to attaining the age this Benefit terminates and on attaining it, he is still so disabled and has not yet received 15 weeks of benefit payments for that disability, coverage will be extended to the earliest of the date:
 - a) 15 weeks of benefits have been paid,
 - b) he is no longer Totally Disabled, or
 - c) he retires.

LONG TERM DISABILITY BENEFIT

SUMMARY OF BENEFITS

When DFS receives satisfactory Proof of Claim that the Participant:

- became Totally Disabled while covered under this Benefit and remained Totally Disabled during the Elimination Period, and
- is under Continuing Medical Care of a Physician in Canada,

DFS pays benefits according to policy provisions.

Percentage and Maximum of Benefit

66.67% of monthly gross Earnings, rounded to the next \$1, if not already a multiple

Maximum \$800

Maximum without Evidence of Insurability: no evidence required if application is completed within the time limit

Elimination Period

26 weeks or the end of the Maximum Benefit Period for the Short Term Disability Benefit, whichever is later

Maximum Age to be Eligible

64 years and 26 weeks

Maximum Benefit Period

5 years

Taxability Status

Taxable

ELIMINATION PERIOD

The Elimination Period is the period of continuous Total Disability that must be completed before disability benefits may be paid. It begins on the later of:

- 1) the day following the last day the Participant is Actively at Work, or
- the first day the Participant consults a Physician.

If Total Disability begins during an absence from work, the Elimination Period begins:

- on the first day of Total Disability, in case of a Parental or Family Related Leave, or the "voluntary leave portion" of a Maternity Leave, or
- on the date the Participant is scheduled to return to work, for any other absence or leave.

provided the Participant can and does continue his coverage under this Benefit throughout the leave.

BENEFIT PAYMENT

Benefits are payable each month, starting on the date the Elimination Period ends.

Benefits are payable during the "health related portion" of a Maternity Leave.

In case of a Total Disability that begins during an absence from work for a Maternity, Parental or Family Related Leave, benefits are payable on the later of:

- 1) the end of the Elimination Period, or
- the scheduled return to work date.

Benefits are paid for as long as the Participant remains Totally Disabled, up to the Maximum Benefit Period.

Benefits are based on the Earnings immediately prior to the initial date of Total Disability.

Any payments for a period of less than one month are at the daily rate of 1/30th of the monthly benefit.

COST OF LIVING ADJUSTMENT

During a continuous period of Total Disability, the benefits payable to a Participant are increased subject to the following:

- the first increase is given one year from the date Long Term Disability Benefits began,
- 2) subsequent increases are given on the anniversary of the first increase, and
- the increase in the Statistics Canada Consumer Price Index for that specific year.

RECURRENT DISABILITY

Successive periods of Total Disability are considered recurrent if the Participant is Actively at Work between occurrences for:

- less than 2 consecutive weeks during the Elimination Period, if due to the same or related cause, or
- less than 6 consecutive months after the end of Long Term Disability benefits.

Successive periods of Total Disability due to entirely unrelated cause are considered recurrent unless the Participant is Actively at Work for one day.

The Elimination Period only needs to be served once if Total Disability is a Recurrent Disability.

REHABILITATION

At any time, DFS may require a Totally Disabled Participant to take part in a rehabilitative program satisfactory to DFS. The activities of the rehabilitative program must be approved by DFS.

The Participant will no longer be eligible for benefit payments under this Benefit for any period while he:

- 1) refuses to participate in a rehabilitative program, or
- 2) does not participate actively and in good faith in the rehabilitative program.

REDUCTION OF BENEFITS

1) Indirect Offset

Benefits are reduced so that the Participant's total income from all sources does not exceed 80% of the gross monthly Earnings in effect immediately prior to the initial date of Total Disability.

The Participant's total income from all sources includes any of the following that the Participant receives or is eligible to receive:

- a) any amounts payable under this Benefit,
- b) any Earnings from the Employer,
- any disability benefits payable under:
 - the Canada Pension Plan or the Quebec Pension Plan, excluding amounts payable on behalf of Dependents,
 - the Workers' Compensation Act or similar legislation for salary loss,
 - iii) any other government plan, excluding benefits payable under the Employment Insurance Act, or
 - iv) any other group or association insurance plan,
- d) any amount payable by a private pension plan for disability, and
- salary loss replacement paid any government no-fault automobile insurance plan.

Cost-of-living increases given after benefits begin are not included in total income from all sources.

2) Additional reduction in case of Rehabilitation

If the Participant earns any income as part of a rehabilitative program, the benefits payable by DSF are reduced by any income earned from any rehabilitative program.

Benefits are reduced so that his total income from all sources does not exceed 100% of his gross monthly Earnings immediately prior to the initial date of Total Disability.

3) Amount payable under public plans

The Participant is required to apply for all benefits available to him under any of the above plans or legislations. If he fails to apply, DFS may estimate the income that is otherwise payable under any government plan. The Participant's benefits are reduced by this estimated amount. Any adjustments are made once the notice of the actual award is received.

If the Participant receives a lump-sum payment from any of the sources above, the payment is reduced by the lesser of:

- a) the lump-sum payment converted to an equivalent monthly amount over a period of 60 months, or
- b) the number of months of disability that the lump sum is paid for.

LIMITATIONS AND EXCLUSIONS

Limitations

No benefits are payable for any period of Total Disability:

- while the Participant is not under Continuing Medical Care for the Illness or Accident causing the Total Disability,
- during a Parental or Family Related Leave, or the "voluntary leave portion" of the Maternity Leave for Total Disability occurring during this period,
- during any absence from work due to a strike, lock-out, Leave of Absence or lay-off, for Total Disability occurring during this period,
- 4) while the Participant is imprisoned due to conviction of an offence,
- if the Participant remains outside Canada for longer than 3 months regardless of the reason, unless DFS gives prior written consent,
- while the Participant engages in any gainful occupation. This does not include rehabilitative program approved by DFS,
- 7) for which the Participant is required to provide satisfactory proof of continued Total Disability. Also the date the Participant is required to undergo a medical examination at the request of DFS, but neglected or refused to do so, and
- 8) while the Participant refuses to take part or participate in a rehabilitative program considered appropriate by DFS.

Pre-existing condition exclusion

No benefits are payable for any Total Disability that:

- 1) began during the first 12 months of the Participant's coverage, and
- 2) was, directly or indirectly, the result of a condition or symptoms, whether diagnosed or not, and for which, during the 3-month period immediately prior to the effective date of coverage:
 - a) the Participant is treated by a Physician, or
 - b) prescribed drugs are taken.

If the policy has been in force for less than 12 months, the 12-month period includes any period that the Participant is covered under a comparable benefit under the Employer's prior group insurance policy in effect immediately prior to the Effective Date of the policy.

Other exclusions

No benefits are payable for Total Disability resulting directly or indirectly from any one of the following causes:

- war, whether declared or not, or service in the armed forces of any country, or participation in a riot, insurrection or civil commotion,
- committing or attempting to commit a criminal offence, including operating a vehicle while impaired, as set out under the Criminal Code of Canada,
- cosmetic surgery or treatment, unless such surgery or treatment is required due to an Accident that occurred while the Participant is covered under this Benefit,
- 4) alcohol or drug abuse unless the Participant is:
 - a) actively taking part in an appropriate therapeutic program supervised by a Physician on an on-going basis, and
 - b) receiving Continuing Medical Care or treatment for rehabilitation.

TERMINATION OF BENEFIT PAYMENTS

Benefit payments end on the earliest of the date:

- 1) the Participant is no longer Totally Disabled,
- 2) benefits have been paid up to the Maximum Benefit Period for any one episode of Total Disability,
- 3) the Participant retires, or
- 4) this Benefit terminates.

LIFE BENEFIT

SUMMARY OF BENEFITS

When DFS receives satisfactory proof of claim that a person died while covered under this Benefit, DFS will pay the amount applicable to that person according to policy provisions.

BASIC LIFE BENEFIT

Participant		
Amount of Insurance		
\$40,000		
Reduction		
The Amount of Insurance is reduced by 50% on the Participant's 65th birthday.		

Dependents			
Amount of Insurance			
Spouse	Each Child		
\$10,000	\$5,000		
Reduction			
None			

LIVING BENEFIT

A Totally Disabled Participant whose life expectancy is less than 24 months may apply for payment of a portion of his amount of Basic Life Benefit subject to the following conditions:

- approval is obtained from DFS,
- the Participant must attend any examination by a Physician designated by DFS when required,
- the Participant must qualify for approval for the Waiver of Premium Benefit under the Basic Life Benefit of the policy, and
- any designated Beneficiary must sign a consent to such payment on a form provided by DFS.

The Living Benefit is 50% of the amount of Basic Life Benefit applicable to the Participant. The amount cannot be less than \$5,000 or more than \$100,000.

On the death of the Participant, the Value of the Living Benefit is deducted from the amount of Life Benefit otherwise payable had the Living Benefit not been paid.

The Value of the Living Benefit is:

- the total amount of the Living Benefit paid,
- 2) the reasonable costs to verify the medical condition of the Participant, plus
- interest calculated on the Living Benefit from the payment date until the date of death.

The interest rate is set according to the annual average rate of return on one-year guaranteed investment certificates issued by Canadian trust companies. The rate is that established immediately after the payment of the Living Benefit, as published in the monthly or weekly issue of the Bank of Canada Statistical Summary.

LIVING BENEFIT EXCLUSION

The Living Benefit is not payable if there is any material misrepresentation or non-disclosure in the application. If the application or coverage is discovered to be void after the Living Benefit is paid, the Value of the Living Benefit will be repaid to DFS by the recipient of the Living Benefit.

CONVERSION PRIVILEGE

If the Life Benefit of a Participant aged 65 or younger terminates, the Participant is entitled to convert his and his Dependents' amount of insurance to an individual policy (subject to any minimum amount) without Evidence of Insurability, up to the lesser of:

- 1) the amount of insurance that is lost because of termination.
- the maximum amount required by legislation in the Participant's province of residence, or
- 3) the difference between the amount of Life Benefit in force on the date of termination of coverage and the amount of insurance that the Participant is eligible for under another group life insurance at the time he exercises his conversion right.

A written application for conversion must be submitted to DFS within 31 days of the date of termination of his coverage under this Benefit.

The amount of Life Benefit that a Participant is eligible to convert is reduced by the amount of any in force individual Life Benefit that he previously converted under the terms of this provision. Any amount converted under any other group insurance policy issued by DFS is also reduced from the amount the Participant is eligible to convert.

The individual policy takes effect after 31 days immediately following the date of termination of his coverage under this Benefit.

If a Participant dies within 31 days of termination of his coverage under this Benefit, the amount he is able to convert is eligible to be paid.

ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT

SUMMARY OF BENEFITS

When DFS receives satisfactory Proof of Claim that:

- a Covered Person suffered one of the losses specified below within 365 days of an Accident,
- the loss is the direct result of the Accident, independent of any other cause, and
- the Accident and the loss occurred while the Person is covered under this Benefit.

DFS will pay the amount as specified in the Schedule of Losses and all other policy provisions.

BASIC ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT

Amount of Insurance			
Participant	Spouse	Each Child	
\$50,000	Not covered	Not covered	
D. L. d.			

Reduction

The Participant's Amount of Insurance is reduced by 50% on the Participant's 65th birthday.

SCHEDULE OF LOSSES

The amount payable is based on the percentage of the amount of insurance specified in the Summary of Benefits.

Loss of	<u>Percentage</u>
Life	100%
Sight of Both Eyes	100%
Both Hands or Both Feet	100%
Both Arms or Both Legs	100%
One Hand and Sight of One Eye	100%

Loss of	<u>Percentage</u>
One Foot and Sight of One Eye	100%
Hearing in Both Ears and Speech	100%
One Hand and One Foot	100%
One Arm or One Leg	75%
One Hand or One Foot	67%
Sight of One Eye	67%
Hearing in Both Ears or Speech	67%
Thumb and Index Finger of the Same Hand	33%
At least Four Fingers of the Same Hand	33%
All Toes of One Foot	25%
Hearing in One Ear	25%

Loss of Use of	<u>Percentage</u>
Both Arms or Both Hands	100%
Both Legs or Both Feet	100%
One Hand and One Foot	100%
One Arm or One Leg	75%
One Hand or One Foot	67%
Thumb and Index Finger of the Same Hand	33%
Hemiplegia, Paraplegia, Quadriplegia	200%

DISAPPEARANCE

If a Covered Person disappears due to an Accident involving the sinking or disappearance of a conveyance in which he is riding and his body is not found within 365 days of the Accident, it is presumed that the Covered Person died due to the Accident unless there is evidence to the contrary.

EXPOSURE TO THE ELEMENTS (FORCES OF NATURE)

Loss due to unavoidable exposure to the Elements is considered an Accident.

REHABILITATION

If a Participant requires training because of an eligible loss, DFS reimburses the reasonable and necessary training expenses actually incurred, up to a maximum of \$10,000, provided that:

- the Participant requires the training in order to qualify for employment in an occupation he would otherwise not engage in except for the loss, and
- 2) expenses are incurred within 2 years of the date of the Accident.

FAMILY TRANSPORTATION AND HOTEL ACCOMMODATION

If a Covered Person is confined in a Hospital due to an eligible loss under this Benefit, DFS reimburses the reasonable expenses incurred by members of his Immediate Family for hotel accommodation and transportation by the most direct route to the Hospital, up to a lifetime maximum of \$1,500 for all expenses combined, provided that:

- he is confined as an inpatient,
- the Hospital is located more than 150 kilometres from his normal place of residence, and
- 3) he is under the regular care of a Physician.

REPATRIATION

If a Covered Person dies due to an Accident, DFS reimburses the reasonable and customary expenses incurred for preparation of the body for burial or cremation and transportation of the body from the place of the Accident to the Covered Person's place of residence in Canada, up to a maximum of \$10,000, provided that:

- the Accident occurs 100 kilometres or more from his normal place of residence, and
- the loss of life benefit is eligible to be paid under this Benefit.

HOME OR VEHICLE CONVERSION

DFS reimburses the initial costs of converting the following if the Covered Person suffers an eligible loss requiring the use of a wheelchair, proof of payment is required:

- 1) the Covered Person's home so that it is wheelchair-accessible, and
- one Vehicle belonging to the Covered Person so that he can access this vehicle and/or drive it.

Reimbursement is limited to one conversion for each expense and an overall maximum of \$10.000.

Reimbursement is only made if:

- the modifications made to the home are done by one or more people approved by a licensed organization that offers support and assistance to wheelchair users, and
- the modifications made to the vehicle are done by one or more people authorized by the provincial motor vehicle office in the Covered Person's province of residence.

EDUCATION COSTS

If a Participant dies due to an Accident DFS reimburses an Education Costs benefit for each Child who was covered under the policy on the date of the Accident and the date the Participant dies, if:

- 1) on the date of the Accident the Child is:
 - enrolled as a full-time student in an institution of higher learning above the secondary school level, or
 - in a secondary school, but then enrolls as a full-time student in an institution of higher learning within 365 days of the death of the Participant, and
- 2) the loss of life benefit is eligible to be paid under this Benefit.

The Education Costs Benefit includes all reasonable and necessary expenses incurred for tuition and related costs, up to

- 2% of the amount that the Participant is covered for under this Benefit on the date of his death, and
- an overall maximum of \$5,000 per year for a maximum of 4 years.

The Child must continue his education on a full-time basis in an institution of higher learning without any interruption longer than the normal school vacation.

SPOUSAL RETRAINING

If the Spouse is covered under the policy on the date the Participant dies due to an Accident, DFS reimburses the reasonable and necessary expenses actually incurred by the Spouse to take part in a formal occupational training program. Reimbursement is limited to a maximum of \$10,000 provided that:

- the Spouse requires training in order to gain the skills necessary to perform the duties of a specific occupation he otherwise does not have sufficient qualifications for,
- 2) the expenses are incurred within 2 years of the date of the Accident, and
- 3) the loss of life benefit is eligible to be paid under this Benefit.

LIMITATIONS AND EXCLUSIONS

Limitations

For multiple losses to the same limb from a single Accident, the maximum amount payable is the loss in the schedule with the highest percentage. Payment for all losses caused by a single Accident cannot exceed:

- 200% of the Amount of Insurance for Hemiplegia, Paraplegia and Quadriplegia, or
- 2) 100% of the Amount of Insurance for other losses.

Exclusions

No payment is paid for a loss resulting in whole or in part, directly or indirectly from any of the following:

- 1) suicide or intentionally self-inflicted injury, while sane or insane,
- an Illness that does not result from an Accident, but that appears at the time of the Accident,
- dental or medical treatment, a surgical procedure or the administration of anaesthesia,
- war, whether declared or not, service in the armed forces of any country or participation in a riot, insurrection or civil commotion,

- 5) travel or flight aboard any aircraft as a pilot or crew member, and not solely as a passenger in an aircraft that:
 - is certified airworthy or has a flight permit issued under the appropriate authorities in Canada or under the laws of the country where the aircraft is registered, and all the conditions under which the certificate or permit is issued have been complied with, and
 - b) is used for the sole purpose of transportation and not for aviation training or practice, or for experimental or test purposes,
- committing or attempting to commit a criminal offence, including operation while impaired, as set out under the Criminal Code of Canada.

Under the REHABILITATION, EDUCATION COSTS and SPOUSAL RETRAINING provisions, costs for room and board, ordinary travelling, living and clothing expenses are not eligible.

Our commitment to you

We will always be here to answer your questions. You can rely on our knowledgeable team to deliver outstanding service and process your claims efficiently. We are here to help you stay healthy and to give you advice and financial support when you need them most.

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itsmylife.cancer.ca

breakthroughfund.ca



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